


March (National Nutrition Month!) Red Sage Menu 2019

BREAKFAST SPECIALS: Eggs Benedict		Croissant Sand	Biscuits and Gravy	Breakfast Burrito	Chef's Choice	
<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
The highlighted items are included with the meal and not charged separately.					1Lunch Ginger Cod Cuban Sandwich Salad Bar Pizza Seafood Chowder	2
3 Grilled Items available 7 days a week ☺	4Lunch Broccoli Beef w/rice Rosemary Ranch Chicken Salad Bar Pizza Tomato Bisque	5Lunch Sloppy Toms Baked Apricot Ham Salad Bar Pizza Chicken Noodle	6Lunch Meatloaf w/mashers Chicken Fajitas Salad Bar Pizza Red Pepper and Gouda Soup	7Lunch Garbanzo and Potato Curry Chicken Fried Steak Salad Bar Pizza Potato Bacon Soup	8Lunch Fish & Chips w/ fries French Dip Salad Bar Pizza Vegetable Beef Clam Chowder	9
10 Grilled Items available 7 days a week ☺	11Lunch Tortilla Chicken Beef Stroganoff w/noodles Salad Bar Pizza Tomato Bisque	12Lunch Lemon/Dill Salmon Adobo Chicken w/Pancit (pasta) Salad Bar Pizza Fiesta Chicken Soup	13Lunch Cheese Enchiladas Chicken Chili in bread bowl Salad Bar Pizza Red Pepper and Gouda Soup	14Lunch Bacon Wrapped Filet Turkey Lettuce Wrap w/quinoa Salad Bar Pizza Potato Bacon Soup	15Lunch Cougar Gold Mac& Cheese Corned Beef w/cabbage, potatoes, carrots Salad Bar Pizza Salmon Chowder	16
17 Grilled Items available 7 days a week ☺	18 Lunch Herbed Chicken Cavatappi with broccoli Pesto Salad Bar Pizza Tomato Bisque	19Lunch Sesame Teriyaki Shrimp w/rice Shepherd's Pie Salad Bar Pizza Chicken Noodle Soup	20 Lunch Olympia Rock Fish Wing, Wings, Wings Salad Bar Pizza Red Pepper and Gouda Soup	21Lunch Warm Winter Spinach Salad w/bread Chicken Parmesan w/pasta Salad Bar Pizza Potato Bacon Soup	22Lunch Chicken Pot Pie Spinach and Tomato Pasta w/ breadstick Salad Bar Pizza Clam Chowder	23
24 Grilled Items available 7 days a week ☺	25 Lunch Pot Roast Meatball Sandwich Salad Bar Pizza Tomato Bisque	26Lunch Open Faced Hot Turkey Sandwich Mahi Mahi Tacos Salad Bar Pizza Fiesta Chicken Soup	27Lunch Pulled Pork Sandwich Balsamic Sirloin Salad w/bread Salad Bar Pizza Red Pepper and Gouda Soup	28Lunch All Staff *Creamy Garlic Pasta *Grilled Veggie Wrap Salad Bar Pizza Potato Bacon Soup	29Lunch Vegetable Lasagna with breadstick Almond Chicken with rice Salad Bar Pizza Seafood Chowder	30