

Picture Yourself in Pullman



CONTACT

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From the CEO

Thank you for considering joining the medical staff of Pullman Regional and our network of clinics. It's no secret you have many choices for employment; we're grateful you're exploring our team here in Pullman.

Personally, my education and career path have taken me across the US, but I always had my eye on Pullman. Since joining the Pullman Regional team in 2022, I've observed four things that stand out as remarkable- community, partnerships, generosity, and innovation. This community is invested in its healthcare, and I continue to be impressed with how generous and proud people are.

Pullman Regional Hospital is an award-winning, critical access hospital located in a beautiful rural setting of the Palouse region- combining small-town charm with cosmopolitan amenities. What makes Pullman unique is the presence of two major state universities within 10 miles from each other- Washington State University and University of Idaho in Moscow, ID. These universities provide the benefits of a diverse population of students and access to world-class art, entertainment and sporting events, all within minutes from your home.

It's truly exciting to be part of an organization with a growth mindset and mentality. We're constantly innovating, expanding, and adding new service lines to meet the needs of our growing community. We work hard to prioritize a culture of patient-centered care and physician, staff, and patient satisfaction. More than 600 people make up Pullman Regional and our eleven (and counting) clinics, and each one contributes to our high patient satisfaction scores and stellar reputation.

It's an inspiring time for Pullman Regional, and I invite you to join us as we continue to grow, innovate, and expand to serve our region.

Matt Forge

Matt Forge, Chief Executive Officer





POINTS OF DISTINCTION

Pullman Regional Hospital has been and will continue to be a self-sustaining, patient and employee-focused, award-winning hospital with a unique, open, collaborative and inclusive culture. We are independent, and choice remains a consistent theme in defining how we carry about our activities. Over 600 people are part of the Pullman Regional family; each and every individual contributes to our stellar reputation. We're proud of the innovative thinking and actions setting us apart.

We are a critical access, not-for-profit, public hospital district providing exceptional health-care for everyone. Situated 8 miles from the Idaho border, our hospital serves WA and ID residents, students, faculty and game day fans of Washington State University (a PAC-12 University) and the University of Idaho (a Big Sky University).

Mission Statement: Pullman Regional Hospital exists to nurture and facilitate a healthier quality of life for our community.

Vision Statement: Pullman Regional Hospital is a community leader of integrated health and healing activities where our values guide and inspire, and science and technology quietly enable people to comfort, encourage, and heal.

Values Statement: As we pursue our shared vision for the future, we value: personal integrity and commitment to provide compassionate, responsible, quality services to our community; an environment that allows individuality, teamwork, and communication to flourish; the enriching nature of diversity, creativity, and innovation; and honesty and leadership in an atmosphere of mutual respect and trust.

AWARDS, ACCREDITATIONS, AND CERTIFICATIONS

- Accredited by DNV
- Acute Stroke Ready Certification, DNV
- 5-Star Rating, Centers for Medicare & Medicaid Services
- ACR Facility in All Modalities, American College of Radiology
- Breast Imaging Center of Excellence, American College of Radiology
- America's Best Hospitals Obstetrics & Emergency (Women's Choice Award)
- Gold Certified Safe Sleep Champion, National Safe Sleep Hospital Certification Program
- Healthcare Excellence in Aquatics, HydroWorx
- Joe Hopkins Memorial Award, Washington State Hospital Association
- Safe Care in Action Award, Washington State Hospital Association
- Top Performer for Employee Safety, Washington Hospitals Workers' Compensation Trust

Serving the Pullman Community and Beyond

Pullman Regional Hospital is located in Pullman, Washington in the heart of the Palouse, a vast geographic area spanning southeastern Washington and northern Idaho.

We're known for:

- 24-hour emergency department with a full-time staff of board-certified emergency medicine physicians
- 24-hour access to stroke neurologists through Telestroke technology
- Digital imaging with nuclear medicine, 3-D mammography, CT, X-ray, MRI, and ultrasound
- Full-service OB care with personalized birth plans, classes, and lactation consultants
- 4 state-of-the-art operating rooms and same day services center
- Minimally-invasive da Vinci, CORI, and VELYS robotic-assisted surgical technologies
- Family Medicine Residency Program in partnership with the Washington State University Elson S. Floyd College of Medicine
- Occupational, massage, speech, and physical therapy, in addition to genetic counseling, acupuncture, and health psychology



1 hospital



13 clinics



600+ employees



110+ nurses



70 physicians



200 volunteers





Pullman Regional



**FAMILY
MEDICINE**
RESIDENCY CENTER





Why Pullman?

Hear from Pullman Regional Hospital physician leadership on what makes Pullman a great place to live and work.



DR. STEPHEN HALL, FAMILY MEDICINE PHYSICIAN

- I am able to practice the full scope of medicine I was trained for. There are very few turf battles over care and I feel great support from specialists.
- Many patients are highly educated creating a unique doctor patient interaction.
- I am safe and everything is so close. I can be to the hospital from a dead sleep to bedside in 4 minutes for deliveries.



DR. PETE MIKKELSEN, EMERGENCY MEDICINE PHYSICIAN

- Independent hospital – more local control of care compared to bigger systems
- Incredibly nice patients and community partners
- Equipment, staffing and specialty support make a safe and collegial care culture



DR. ED TINGSTAD, ORTHOPEDIC SURGEON & SPORTS MEDICINE PHYSICIAN

- Pullman is easy to get around- I can walk from my house to Pullman Regional Hospital. I can get anywhere in Pullman within 15 minutes- home, work, WSU, my kids' school...
- The people and patients in Pullman are so grateful and as kind as you'll find anywhere
- The technology Pullman Regional Hospital has matches or exceeds urban hospitals



Licensing and Certification

We want to make your application to practice in Washington and other necessary paperwork as easy as possible. With that in mind, below are resources to relevant government agencies to begin the process.

Carly Scholz, Medical Staff Services Manager at Pullman Regional, is available to help you with the process and answer any questions. You can reach her by phone at (509) 336-7388 or email carly.scholz@pullmanregiona.org

- You can apply for your Washington State medical license online at the Washington State Department of Licensing
- Apply for DEA certification or change the address on your certificate
- You can apply for or update your practitioner identifier number through the National Practitioner Identification Number website

Pullman Regional has a network of clinics, including Palouse Pediatrics, which has an office in Moscow, Idaho. To practice in the State of Idaho, you'll also need to apply for your Idaho State medical license.

- You can apply for your Idaho State medical license online with the Idaho Board of Medicine
- The Interstate Medical Licensure Compact offers a voluntary, expedited pathway to licensure for qualified physicians who wish to practice in multiple states. The Compact significantly streamlines the licensing process. Visit the Interstate Medical Licensure Compact to learn more.

WEBSITES

- wmc.wa.gov/licensing
- doh.wa.gov/licenses-permits-and-certificates
- deadiversion.usdoj.gov/online_forms_apps.html
- cms.gov/regulations-and-guidance/administrative-simplification/nationalprovidentstand
- apps-dopl.idaho.gov/IBOMPportal/BoardAdditional.aspx?Board=BOM&BureauLinkID=100
- imlcc.org/information-for-physicians/

Life On the Palouse

Welcome to the heart of the Palouse, one of the most beautiful places in the Pacific Northwest!

Pullman, Washington is a vibrant community located in the Palouse region of eastern Washington. Home to Washington State University (WSU) and 8 miles west of the University of Idaho in Moscow, Idaho, Pullman offers big-city amenities coupled with small town charm.

With 34,000 people, Pullman is known for low crime rates, the place to raise a family, and a continual source of innovation influenced by WSU's flagship campus. Hiking, fishing, biking, snowshoeing, golfing and fostering a love for the outdoors is a natural draw for many tourists and enjoyed all year long by locals.

Residents enjoy excellent schools, safe neighborhoods, Pac-12 sporting events, a downtown filled with locally-owned businesses, and a plethora of outdoor activities including hiking, biking, fishing, hunting, camping, and water sports on the nearby Snake River.

Familiar shopping and dining options include Starbucks, Chipotle, Target, Walmart, Safeway, Marshall's, and a variety of retail options at the Palouse Mall in Moscow, Idaho.

WEATHER

Pullman has four distinct seasons with 172 days of sunshine. Average seasonal temperatures:

- July: 82 degrees
- October: 60 degrees
- January: 36 degrees
- April: 56 degrees

GETTING HERE

Travel to and from Pullman is easy through the Pullman-Moscow Regional Airport with daily flights to Seattle and Boise. Lewiston (34 miles away) offers daily flights to Salt Lake City and Denver, and Spokane International Airport (80 miles away) boasts flights to 20 non-stop destinations including Atlanta, Denver, Salt Lake City, Los Angeles, Phoenix, and Chicago.

K-12 EDUCATION

School-aged children in our community have options including Pullman School District and the Montessori School of Pullman. The Pullman School District averages 2,819 students and are served by 160 teachers with an average of 12 years of experience; 70% of teachers hold Master's degrees.

HIGHER EDUCATION

WSU is a land-grant university founded in 1890 in Pullman, WA. Today campuses are also in Spokane, Tri-Cities, Vancouver, Everett, and a Global Campus (online). WSU offers 101 majors, 79 master's degree programs, 65 doctoral degree programs and 3 professional degree programs in medicine, pharmacy, and veterinary medicine. WSU is a member of the Pac-12 Conference and treats sports fans to swimming, football, basketball, volleyball, baseball, track and field, soccer, golf, rowing, and tennis.

Pullman Regional Practice Profiles

Pullman Regional Hospital is a critical access, independent, not-for-profit public hospital district. Situated 8 miles from the Idaho border, our hospital and network of clinics serve Washington and Idaho residents, students, faculty, and game day fans of Washington State University (a Pac-12 university) and the University of Idaho (a Big Sky university). Once a staple on the WSU campus as Pullman Memorial Hospital, we found a new home in 2004 on Bishop Blvd. with room to build a state-of-the-art 95,000 square foot facility. The building is home to our inpatient, outpatient, and emergency care services plus a variety of independent medical practices.

Our clinics include: cardiology, family and internal medicine, pediatrics, podiatry, interventional pain management, psychiatry & behavioral health, sleep medicine, urology, and surgery/endoscopy. We partner with Inland Orthopaedic Surgery & Sports Medicine Clinic to provide orthopedic and sports medicine care to the community. We also are a part of Palouse Specialty Physicians - our partnership with area hospitals Gritman Medical Center and Whitman Hospital & Medical Center is a joint effort to provide specialized health care services and clinicians to our region. Together we support ENT, Audiology, Neurology and Oncology.

FAMILY MEDICINE RESIDENCY CENTER

The Family Medicine Residency Center is a full-service primary care clinic located on the hospital campus. The Center is part of the Family Medicine Residency Program, a partnership between Pullman Regional and the Washington State University Elson S. Floyd College of Medicine. Patients are seen by resident physicians and attending physicians.

Patients can feel supported through longer appointment times, chronic disease management for things like diabetes, hypertension, obesity, and COPD, comprehensive obstetrics and women's health care, preventative care, pediatrics, and sports medicine.

Exam rooms: 15 | Average monthly visits: 400

PALOUSE HEART CENTER

Palouse Heart Center, located inside Pullman Regional Hospital, has a board-certified cardiologist and American College of Cardiology Fellow to provide cardiology care to the region. Patients with pacemakers, heart failure, coronary heart disease, implants, and other cardiac ailments can receive care, support, and procedures through this clinic.

Exam rooms: 4 | Average monthly visits: 350

PALOUSE HEALTH CENTER

Palouse Health Center provides primary care services to Palouse, WA (a 25 minute drive from Pullman Regional Hospital). Patients can seek services like sports physicals, wellness exams, medication management, and chronic disease management through this clinic, as well as in-office procedures and laboratory services.

Exam rooms: 4 | Average monthly visits: 150

PALOUSE MEDICAL

Palouse Medical is a full-service primary care clinic, located on the hospital campus. Palouse Medical offers both Family and Internal Medicine services and care services through ReadyCare. Patients can feel supported with care for chronic conditions, wellness exams, obstetrics, sports physicals, medication management, and in-office procedures.

Exam rooms: 24 | Average monthly visits: 1,800

PALOUSE PEDIATRICS

Palouse Pediatrics is the region's only pediatric practice- with locations in Pullman, WA and Moscow, ID. Patients are seen by board-certified pediatricians for well child visits, in-office procedures, immunizations, sports physicals, and medication management. Patients can also feel supported by a pediatrician on-call 24 hours a day.

Exam rooms: 6 (per location) | Average monthly visits: 1,400

PALOUSE PSYCHIATRY & BEHAVIORAL HEALTH

Palouse Psychiatry & Behavioral Health, located inside Pullman Regional Hospital, provides mental health services with a focus on psychiatric evaluations and treatment for all ages. Patients can be seen for a variety of conditions including depression, anxiety, eating disorders, neuropsychology, obsessive-compulsive disorder and more. The practice is guided by collaboration and coordination of services with patient and referral sources, including physicians and other mental health/community agencies.

Exam rooms: Consult room for each provider

Average monthly visits: 460

PALOUSE SLEEP MEDICINE

Palouse Sleep Medicine, located inside Pullman Regional Hospital, can help patients with a variety of sleep conditions including sleep apnea, restless leg syndrome, insomnia, narcolepsy and more. The Sleep Center Lab, located in Pullman Regional Hospital, is nationally accredited with the American Academy of Sleep Medicine, overseen by a board-certified sleep medicine physician.

Exam rooms: 4 | Average monthly visits: 150

PALOUSE UROLOGY CENTER

Palouse Urology Center, located inside Pullman Regional Hospital, helps patients overcome common discomforts and conditions related to the urinary tract. Patients are seen by a board-certified urologist for conditions like kidney stones, bladder and kidney infections, erectile dysfunction, vasectomies, cancers, and more. Minimally-invasive and robotic-assisted surgery technologies utilized include da Vinci, Aquablation Therapy, Blue Light Cystoscopy with Cysview, and Urolift.

Exam rooms: 5 | Average monthly visits: 278

PULLMAN FAMILY MEDICINE

Pullman Family Medicine is a full-service primary care clinic located in north Pullman, close to the Washington State University campus. Patients can feel supported with care for chronic conditions, wellness exams, obstetrics, sports physicals, LGBTQIA+ inclusive services, medication management, and in-office procedures.

Exam rooms: 14 | Average monthly visits: 1,650

PULLMAN FOOT & ANKLE

Pullman Foot & Ankle, located inside Pullman Regional Hospital, provide podiatry support to the community through a doctor of podiatric medicine. Patients can receive care for a variety of foot problems including flatfeet, arthritis, ingrown toenails, sprains, strains, and fractures, gait abnormalities and more.

Exam rooms: 3 | Average monthly visits: 150

PULLMAN SURGICAL ASSOCIATES

Pullman Surgical Associates, located inside Pullman Regional Hospital, provides endoscopy, general and 24/7 emergency surgery coverage to the region. Two general surgeons, two emergency surgeons, a board-certified gastroenterologist, and a GI ARNP make up the skilled team. Minimally-invasive and robotic-assisted da Vinci surgery technology is utilized. Patients can receive surgical care for appendectomies, hernias, mastectomies, colectomies and a variety of other procedures, including endoscopies and GI care.

Exam rooms: 6 exam rooms, 5 operating rooms, 2 endoscopy suites | Average monthly visits: 550



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