## Edwin M. Tingstad, M.D.

## Knee Form

Please complete and bring with you to your appointment.
$\square$ Right $\square$ Left

## Symptoms:

Pain with activity $\quad \square \mathrm{Y} \square \mathrm{N}$ (describe): $\qquad$
Pain at rest $\quad \square \mathrm{Y} \square \mathrm{N}$ (describe): $\qquad$
Pain at night $\quad \square \mathrm{Y} \square \mathrm{N}$ (describe): $\qquad$
Locking $\quad \square \mathrm{Y} \sqsubset \mathrm{N}$ (describe): $\qquad$
Instability $\quad \square \mathrm{Y} \sqsubset \mathrm{N}$ (describe): $\qquad$
Limited motion $\quad \square \mathrm{Y} \square \mathrm{N}$ (describe): $\qquad$
Swelling $\quad ~ \Gamma Y \sqcap N$ (describe): $\qquad$
Limited strength $\quad \square \mathrm{Y} \square \mathrm{N}$ (describe): $\qquad$
Decreased strength $\square \mathrm{Y} \sqsubset \mathrm{N}$ (describe): $\qquad$

## Treatment:

Oral medications? $\square \mathrm{Y} \sqsubset \mathrm{N}$ (describe): $\qquad$ Oral medications helpful? $\lceil$ Y $\lceil\mathrm{N}$

Physical Therapy? $\square \mathrm{Y} \square \mathrm{N}$ (describe): $\qquad$
Physical Therapy helpful? $\lceil\mathrm{Y} \upharpoonright \mathrm{N}$
Braces $\quad \mathrm{Y} \sqsubset \mathrm{N}$ (describe): $\qquad$
Braces helpful?

$$
\sqcap \mathrm{Y}\lceil\mathrm{~N}
$$

Injections $\quad \square \mathrm{Y} \sqsubset \mathrm{N}$ (describe): $\qquad$
Injections helpful? $\quad \square \mathrm{Y} \sqsubset \mathrm{N}$

Similar problem on the other side? $\lceil\mathrm{Y} \square \mathrm{N}$ (describe):

Patient Name: $\qquad$ Date: $\qquad$

